Be Prepared When a Crisis Occurs - Emergency Preparedness at Home

Household Preparedness for You and Your Family

Øygarden Municipality works every day to create safety and security for its residents. However, situations may arise where the municipality, emergency services, and other public authorities cannot assist everyone immediately.

In a crisis, it may take time before public services are able to help all those in need. Therefore, every household should be prepared to manage on its own for at least one week.

Crises may occur as a result of extreme weather, prolonged power outages, loss of water supply, failure of electronic communications, or other events that affect everyday life

Consider the Following

- How will you keep warm if the power goes out?
- Do you have enough drinking water for everyone in your household?
- Do you have food that does not require refrigeration or cooking?
- Do you have batteries, flashlights, and alternative light sources?
- How will you stay in contact with family, neighbours, and others if mobile and internetservices fail?
- Do you have essential medicines and equipment readily available?
- Who in your local community may need extra assistance during a crisis?

Recommended Emergency Supplies

Every household should keep the following items at home:

- Clean drinking water
- Food with a long shelf life
- A camping stove, grill, or other alternative means of cooking
- Flashlights and spare batteries
- A battery-powered or hand-crank radio
- First aid supplies
- Essential medications

- Warm clothing, blankets, and sleeping bags
- Cash in small denominations
- A list of important telephone numbers

Look After One Another

Good emergency preparedness is not only about having the right equipment. It is also about knowing your neighbours and helping each other when needed. A strong local community is better equipped to handle challenges and emergencies.

Stay Safe. Be Prepared.

By planning ahead, you and your family will be better able to cope with unexpected events and help ensure that emergency services can focus on those who need immediate assistance the most.

Together, we can build a safer and more resilient Øygarden.

Information Points During Communication Outages

If mobile phone and internetservices are unavailable for an extended period, residents can obtain information from the following locations:

Citizen Service Centres and Libraries

- Sund Centre, Skogsskiftet
- Sartor / Thon Centre, Straume
- Rong Centre
- Tranevågen Lower Secondary School, Ågotnes

Additional physical information points may be established if required.

Useful Links

- Emergency Preparedness Information from the Norwegian Directorate for Civil Protection (DSB)
- Emergency Alerts
- The Norwegian Civil Defence
- Øygarden Fire and Rescue Service

Contact Information

Geir Knarvik Fjeldstad

Emergency Preparedness Manager
Mobile: +47 995 32 447

Stein-Inge Stigen

Municipal Medical Officer

Bjørg Møllerløkken

Infection Control Officer

Emergency Numbers

110 – Fire and Rescue Service

112 – Police

113 – Ambulance

116 117 – Out-of-Hours Medical Service

In an emergency, always call the appropriate emergency number immediately. For non-emergency municipal preparedness enquiries, please contact the Emergency Preparedness Manager.